

Posted: Jan 13, 2015

Flu Season Awareness

The flu season is upon us and we want to remind all employees that Hunt's health care policies through Cigna cover 100% of the cost of flu shots for you and your covered dependents.

The CDC recommends a yearly flu vaccine for everyone 6 months of age and older as the first and most important step in protecting against this serious disease. For a complete report on 2014 – 2015 Flu Season from the CDC, please visit: <http://www.cdc.gov/flu/about/season/flu-season-2014-2015.htm>.

Flu vaccines are widely available at several national pharmacy chains such as Walgreens, CVS, Target, Walmart, as well as most major grocery stores that have a pharmacy. You can use the following vaccine finder tool to look up providers near you:

<http://www.vaccines.gov/getting/where/index.html>

Please feel free to contact HR/Benefits if you have questions regarding your health plan or contact Cigna directly at (800) 244-6224.